



Lavana
Deluxe Spa

A journey of healing and rejuvenation

Earn loyalty points with every treatment.

Complimentary infra-red saunas and steam showers

Oriental treatments

Traditional Thai massage

60 Minutes	R 600
90 Minutes	R 770

Traditional Thai massage + Back neck and shoulders	R 850
90 Minutes OR Foot massage	R 850

Thai foot massage

60 Minutes	R 560
45 Minutes	R 500

Thai foot massage + Back neck and shoulders	
90 Minutes	R 800

Indian head massage

60 Minutes	R 680
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Aroma Thai massage

60 Minutes	R 730
90 Minutes	R 900

Hot compress therapy

90 Minutes	R 1100
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120Min treatments available upon request

VOUCHERS AVAILABLE



Classic treatments

Back neck and shoulders

45 Minutes

R 550

60 Minutes

R 660

Aromatherapy

60 Minutes

R 730

90 Minutes

R 900

Swedish massage

60 Minutes

R 730

90 Minutes

R 900

Sports massage

60 Minutes

R 730

90 Minutes

R 900

Hot stone massage

90 Minutes

R 1050

Mother-to-be

60 Minutes

R 780

90 Minutes

R 950

Salt Scrub

45 Minutes

R 480

60 Minutes

R 560

Couple's massage

60 Minutes

Choose from

90 Minutes

the menu



011 783 3840
082 843 9229

7 days a week from 08h30 - 21h00
Benmore Centre, Lower Ground Level

info@lavana.co.za
www.lavana.co.za

BUY VOUCHERS ONLINE